

Supplementary Material

Appendix 1. Norm table for Tunisian tennis players for standing lang jump expressed in cm (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	79.25	87	110	122.5	128.75	135	138
U10	110	111.2	120	125	130	132	135.2
U11	109.75	116.5	125	140	156.25	160	160
U12	113.75	117.5	128.75	147.5	167.5	182.5	185
U14	123	134.7	139.75	156	171.75	177.3	189
U18	162.5	167	173.75	185	195.75	202.5	205

Appendix 2. Norm table for Tunisian tennis players for countermovement jump expressed in cm (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	9	9	11.125	16.75	19.95	20.5	21.1
U10	17.5	17.5	18.5	20.5	21.7	23.5	23.86
U11	14.475	15	17.75	20.25	22.875	23.85	25.05
U12	15.25	16.5	21.875	25.25	26.75	30.5	33.375
U14	16.5	17.4	19.5	23.5	26.575	30.9	34.525
U18	27.375	29.25	34.35	39.7	42.525	47	51.375

Appendix 3. Norm table for Tunisian tennis players for Medicine ball throw test expressed in m (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	2.47	2.71	3.05	3.825	4	4.815	4.8575
U10	4.08	4.1	4.3	4.6	5.3	6.02	6.56
U11	3.185	3.5	3.5375	3.85	4.175	4.5	4.675
U12	3.4375	3.455	3.56	3.72	3.8625	3.95	4.1125
U14	4.0425	4.185	4.575	5.525	6.2625	6.5	6.535
U18	5.175	5.25	5.975	6.7	7.51	9.25	9.75

Appendix 4. Norm table for Tunisian tennis players for 5-meter sprint expressed in sec (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	1.6615	1.69	1.7275	1.875	1.98	2.08	2.1725
U10	1.58	1.58	1.69	1.96	2.04	2.156	2.308
U11	1.489	1.513	1.53	1.615	1.7775	1.85	1.913
U12	1.44	1.48	1.5575	1.615	1.81	1.955	2.065
U14	1.3925	1.4	1.4875	1.61	1.75	1.86	1.862
U18	1.2075	1.23	1.2875	1.38	1.58	1.6	1.6

Appendix 5. Norm table for Tunisian tennis players for 10-meter sprint expressed in sec (centiles 5–95).

	5	10	25	50	75	90	95
U9	3.031	3.047	3.09	3.25	3.4775	3.655	3.7275
U10	3.14	3.14	3.2	3.25	3.58	3.66	3.712
U11	2.436	2.453	2.5525	2.615	2.7375	2.857	2.9355
U12	2.4375	2.45	2.45	2.65	2.75	2.845	2.8925
U14	2.3	2.354	2.4375	2.54	2.6075	2.881	2.8905
U18	2.1	2.12	2.2875	2.33	2.425	2.52	2.63

Appendix 6. Norm table for Tunisian tennis players for 20-meter sprint expressed in sec (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	4.9675	5.02	5.19	5.55	5.81	6.001	6.077
U10	5.116	5.176	5.3	5.69	6.21	6.288	6.314
U11	3.9955	4.083	4.25	4.56	4.8	4.939	4.9635
U12	4.065	4.1	4.4375	4.595	4.915	5.07	5.1475
U14	4.2	4.246	4.32	4.625	4.7125	4.98	4.997
U18	3.4925	3.54	3.5975	3.955	4.175	4.375	4.5325

Appendix 7. Norm table for Tunisian tennis players for sideway shuffle test expressed in sec (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	6.354	6.523	7.0425	7.385	8.0425	8.39	8.435
U10	6.498	6.548	7.18	7.3	7.69	7.96	8.16
U11	5.793	5.876	6.02	6.225	6.415	6.548	6.6775
U12	5.3425	5.505	5.6575	6.185	6.325	6.765	6.89
U14	5.6895	5.69	6.1375	6.25	6.33	6.457	6.5565
U18	4.85	5.125	5.3025	5.6	6.065	6.225	6.3325

Appendix 8. Norm table for Tunisian tennis players for Spider drill test expressed in sec (centiles 5–95).

Group	Centiles						
	5	10	25	50	75	90	95
U9	23.1	23.425	24.2025	25.535	26.3775	27.304	27.51
U10	23.04	23.4	23.6	24.6	25.9	26.78	27.48
U11	20.404	20.967	22.36	22.54	23.155	23.605	23.93
U12	20.55	20.95	22.05	23.9	25.925	26.4	26.7
U14	20.25	20.318	22.0775	23.2	23.7625	24.695	25.16
U18	17.825	18.05	18.6	19.3	20.3	21.35	22.225

Appendix 9. Norm table for Tunisian tennis players for zig-zag test expressed in sec (centiles 5–95).

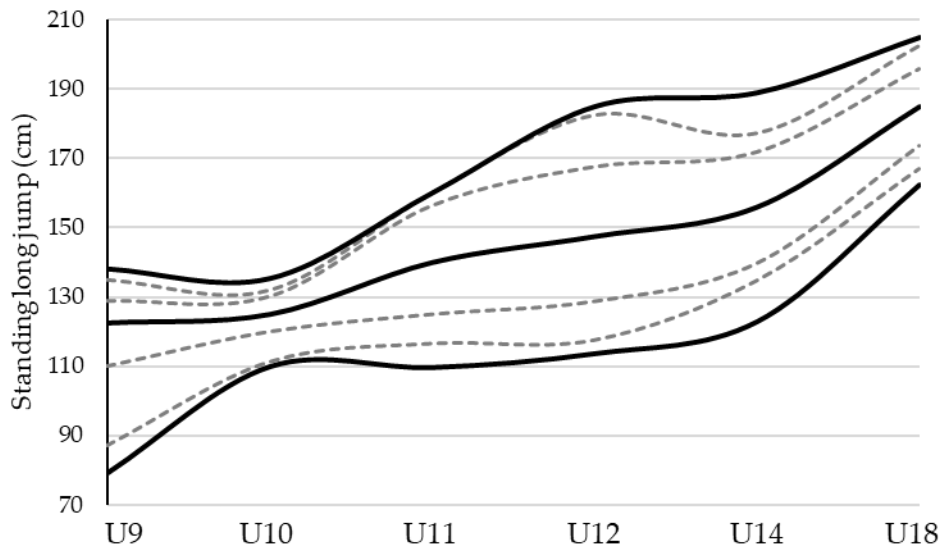
Group	Centiles						
	5	10	25	50	75	90	95
	6.7215	6.997	7.2425	7.335	7.8775	8.334	8.39
U10	7.21	7.4	7.65	8.05	8.2	8.324	8.36
U11	6.12	6.153	6.385	7.085	7.3425	7.528	7.6315
U12	6.125	6.15	6.36	6.58	6.9125	7	7.0275
U14	6.013	6.093	6.21	6.46	6.7525	7.11	7.2015
U18	5.3	5.33	5.54	6.25	6.3	6.51	6.555

Appendix 10. Norm table for Tunisian tennis players for V_{O_2} max expressed in ml/kg/min (centiles 5–95).

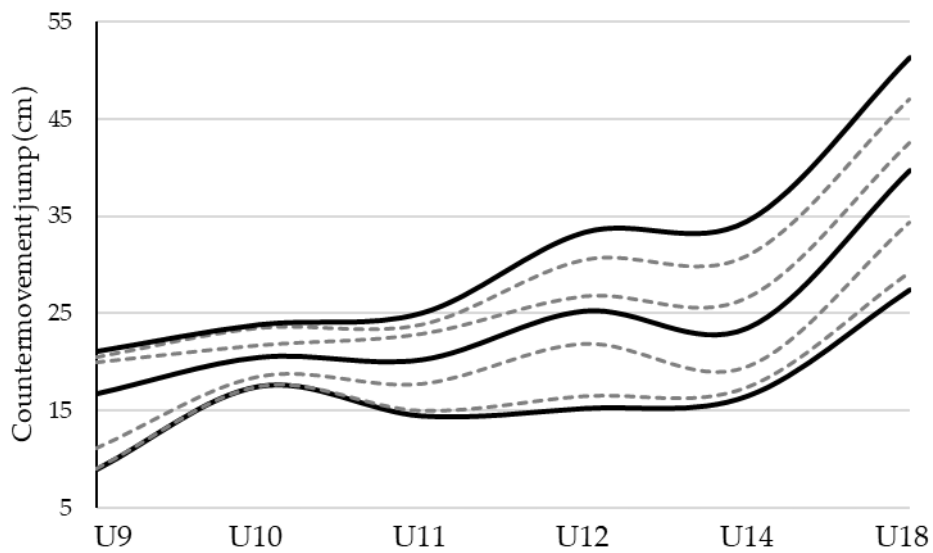
Group	Centiles						
	5	10	25	50	75	90	95
U9	47.5	47.5	47.5	49.5	49.7	51.9	51.9
U10	35.75	43.4	43.4	45.7	48	48.92	50.3
U11	43.9	43.9	45.7	46.3	48.7	48.7	49.54
U12	43.975	45.45	49.5	52	52	52.7	53.65
U14	47.825	47.9	49	50.5	51.6	52.1	53.13
U18	47.05	47.45	48.8	50.25	52.9	52.9	53.575

Appendix 11. Norm table for Tunisian tennis players for sit and reach test expressed in cm (centiles 5–95).

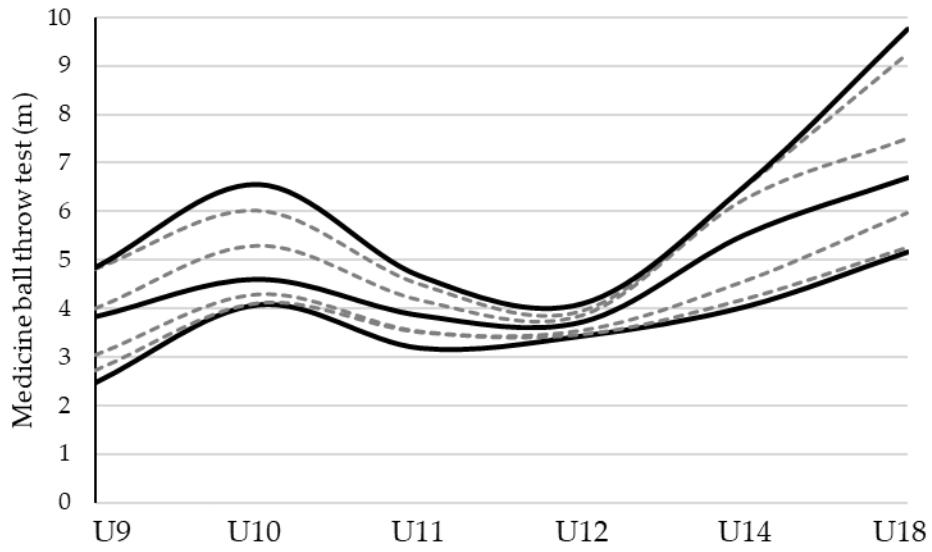
Group	Centiles						
	5	10	25	50	75	90	95
U9	-6.45	-1.8	2	2.75	5	5.65	6
U10	-6	-5.4	-1	2	3	5	5.2
U11	-19.74	-15.37	-4.25	-0.5	0.75	2	3.925
U12	-13.05	-11.2	-5.25	0	6.75	8.5	9.55
U14	-6.6	-3.3	-0.5	2	4.875	12.6	13.625
U18	-6	-1.5	0.75	2	3.5	9	12



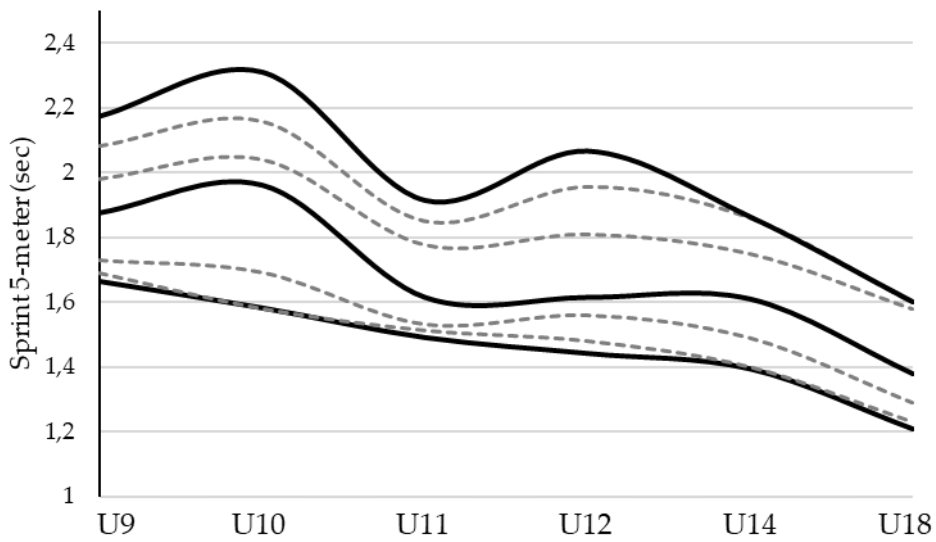
Appendix 12. Centile chart for Tunisian tennis players for sanding long jump test expressed in cm (centiles 5–95).



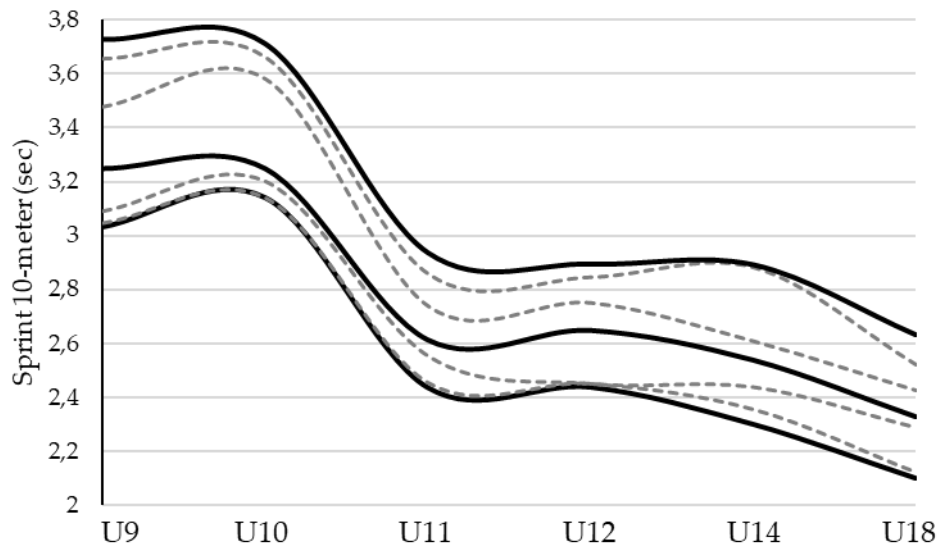
Appendix 13. Centile chart for Tunisian tennis players for countermovement jump test expressed in cm (centiles 5–95).



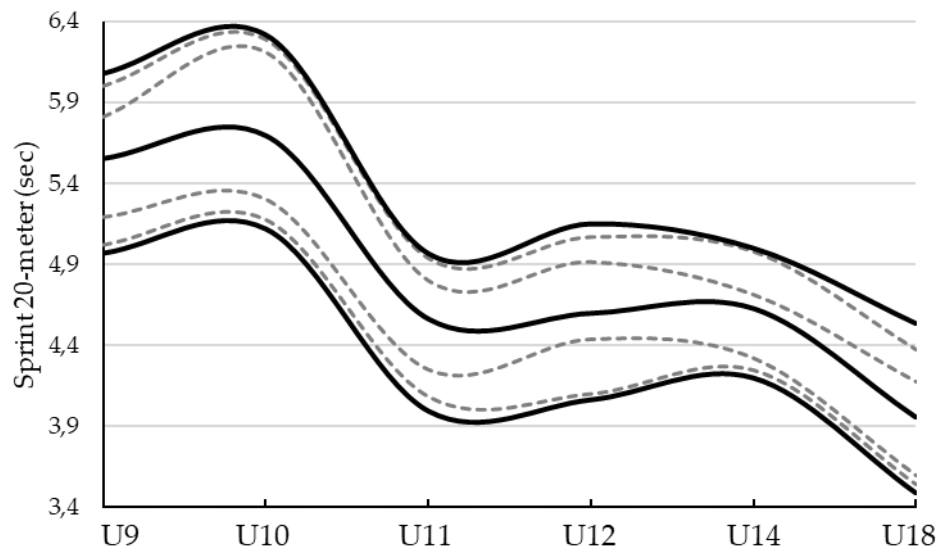
Appendix.14 Centile chart for Tunisian tennis players for medicine ball throw test expressed in m (centiles 5–95).



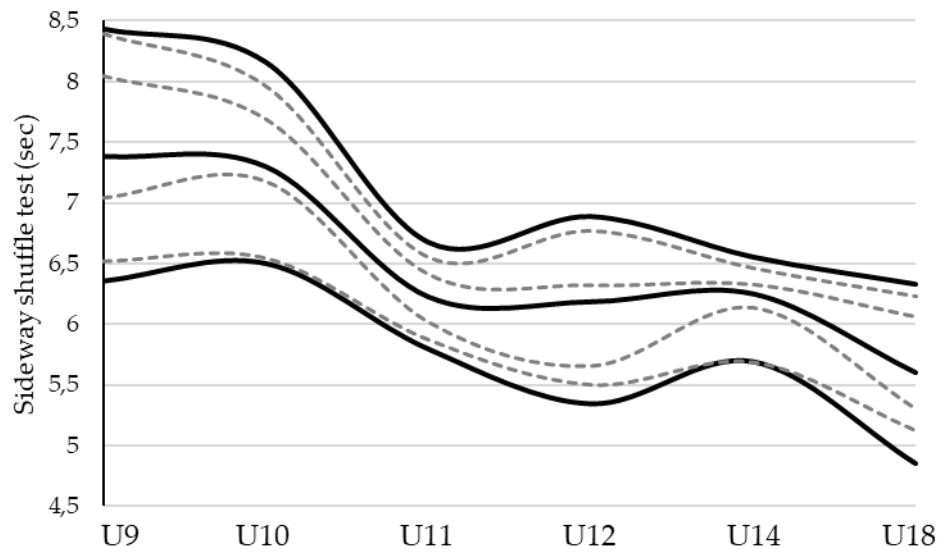
Appendix. 15 Centile chart for Tunisian tennis players for 5-meter sprint expressed in sec (centiles 5–95).



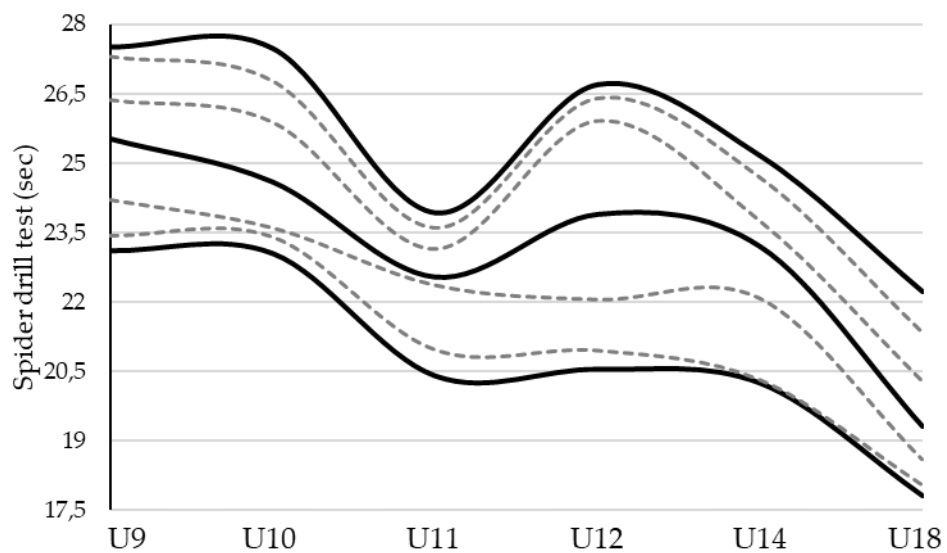
Appendix.16 Centile chart for Tunisian tennis players for 10-meter sprint expressed in sec (centiles 5–95).



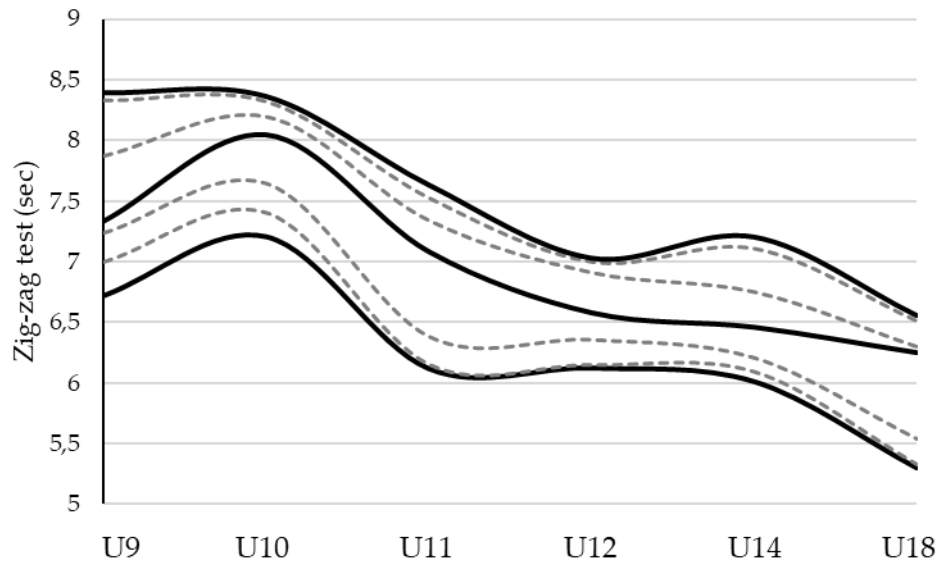
Appendix. 17 Centile chart for Tunisian tennis players for 20-meter sprint expressed in sec (centiles 5–95).



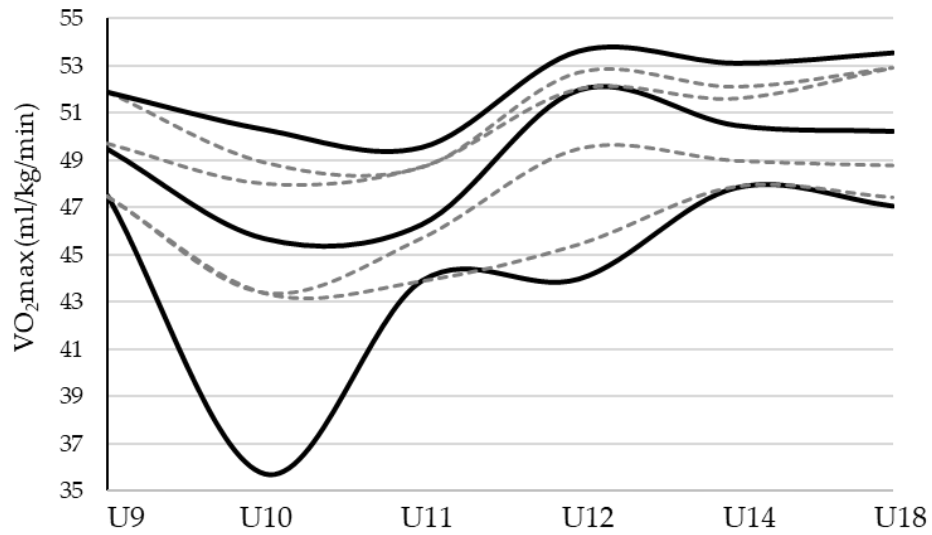
Appendix. 18 Centile chart for Tunisian tennis players for sideway shuffle test expressed in sec (centiles 5–95).



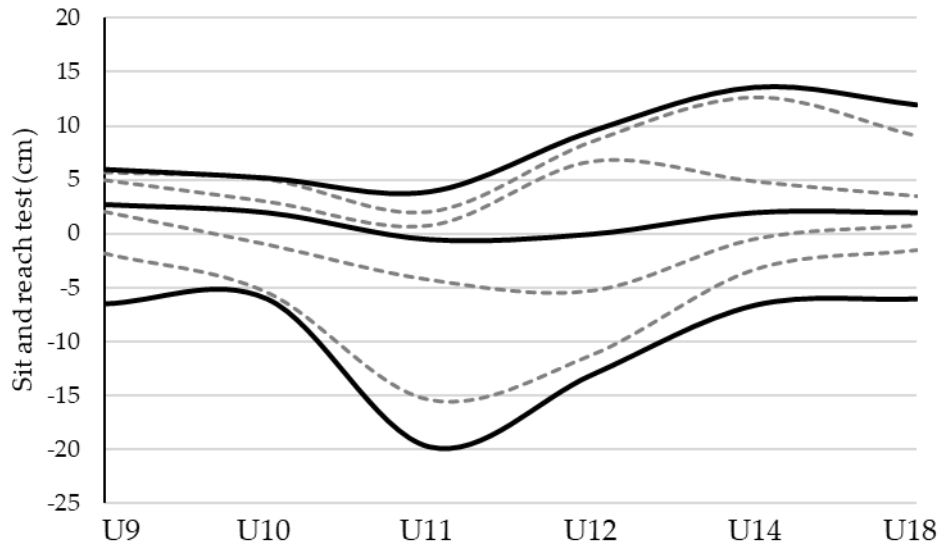
Appendix. 19 Centile chart for Tunisian tennis players for spider drill test expressed in sec (centiles 5–95).



Appendix.20 Centile chart for Tunisian tennis players for zig-zag test expressed in sec (centiles 5–95).



Appendix. 21 Centile chart for Tunisian tennis players VO₂max expressed in ml/kg/min (centiles 5–95).



Appendix. 22 Centile chart for Tunisian tennis players for sit and reach test expressed in cm (centiles 5–95).